



# Provide First Aid

HLTAID009 Provide cardiopulmonary resuscitation

HLTAID010 Provide basic emergency life support

HLTAID011 Provide First Aid

## COURSE OVERVIEW

These units cover the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines and provide first aid response to a casualty. These units apply to all workers who may be required to provide a first aid response in a range of situations, including community and workplace settings.



## COURSE SUBJECTS

### Respond to an emergency situation

- Recognise and assess an emergency situation.
- Ensure safety for self, bystanders and casualty.
- Assess the casualty and recognise the need for first aid.
- Seek assistance from emergency services.

### Apply appropriate first aid procedures

- Perform cardiopulmonary resuscitation (CPR) in accordance ARC guidelines.
- Provide first aid in accordance with established first aid principles.
- Display respectful behaviour towards casualty.
- Obtain consent from casualty where possible.
- Use available resources and equipment to make the casualty as comfortable as possible.
- Operate first aid equipment

- Monitor the casualty's condition and respond in accordance with first aid principles.

### Communicate details of the incident

- Accurately convey incident details to emergency services.
- Report details of incident in line with appropriate workplace or site procedures.
- Complete applicable workplace or site documentation, including incident report form.
- Maintain privacy and confidentiality of information in line with statutory or organisational policies.

### Review the incident

- Recognise the possible psychological impacts on self and other rescuers and seek help when required.
- Contribute to a review of the first aid response as required.

## ENTRY REQUIREMENTS

- Be at least 18 years of age. If under 18, parental consent is required prior to course commencement.
- USI Number
- Arrive in suitable clothing (long pants, closed-in shoes mandatory, long sleeve shirt recommended)
- Be fit and able to squat, bend over and perform chest compression on a CPR manikin on the floor
- Language, literacy and numeracy skills required to interpret legislative requirements and to undertake written and practical assessment activities
- **There are no pre-requisites for these units**

## COURSE DURATION

1 Day (approximately 8 hours)

## COURSE DATES & DELIVERY LOCATION

Please inquire **1 300 001 201**  
Or view list of upcoming public courses [online](#)

## CLASS SIZE

Up to 12 participants per class

## FEES AND CHARGES

\$195.00 (GST free) per student  
Please contact for a group or corporate booking quotation.

## NATIONAL RECOGNITION

Students who are deemed competent upon successfully completing the training and assessment will receive a Statement of Attainment nationally recognised under the Australian Qualifications Framework.

## OBTAINED UNITS OF COMPETENCY

Upon successful completion, ISH24 Pty Ltd RTO 41559 will issue the Statement of Attainment for the following units:

- HLTAID009 Provide cardiopulmonary resuscitation
- HLTAID010 Provide basic emergency life support
- HLTAID011 Provide first aid

## MODE OF DELIVERY

Delivery of this course will be face to face; classroom-based blended with some practical activities. There are no pre-reading requirements. All content is covered in class as part of the training.

## ASSESSMENT SUMMARY

### THEORY

Mixture of multiple choice and short answer questions. Student will be required to write down their own answers.

Each student will be required to participate in practical scenarios to demonstrate that they have:

### PRACTICAL

- managed, in line with ARC guidelines, the unconscious, breathing casualty including appropriate positioning to reduce the risk of airway compromise
- performing at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) on an adult manikin placed on the floor and using defibrillator (AED) to deliver at least one shock
- demonstrating a rotation of single rescuer operators with minimal interruptions to compressions
- responding appropriately in the event of regurgitation or vomiting
- managed, in line with ARC guidelines, the unconscious, non-breathing infant
- managed casualties, with anaphylaxis, asthma, non-life-threatening bleeding, choking, envenomation, using pressure immobilisation, fractures, dislocations, sprains and strains, using appropriate immobilisation techniques, minor wound cleaning and dressing, nosebleed, shock

## DUTY OF CARE

ISH24 Pty Ltd adopts high standards in duty of care of its learners and assessors. ISH24 Pty Ltd reserves the right to turn anyone away that seems to be under the influence of drugs or alcohol. This action is to ensure that the learners' and assessors' safety is assured and that ISH24 Pty Ltd maintains an accident free learning environment and complies with our duty of care responsibilities. At ISH24 Pty Ltd we provide a friendly and supported environment to learn and achieve.