



RIIWH204E Work safely at heights

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COURSE OVERVIEW

This unit describes the skills and knowledge required to work safely at heights.

Training in Working safely at heights is essential for any individuals conducting work at heights or supervising those conducting work at heights. This can include work on roofs, scaffolding, ladders, elevated platforms, or any other environment that poses the risk of a fall from one level to another.

This course incorporates a mixture of theory-based learning & assessment and practical demonstrations and scenario assessments.

Students will learn working at heights safety concepts including:

- Hazard identification & risk assessment
- Risk control methods
- Forces and falls
- Fall arrest equipment and safe use
- Selection of anchors
- Safe access and work areas
- Safe use of temporary work platforms & ladders
- Rescue & First Aid provisions



COURSE CONTENT

Identify work requirements

- Access, interpret and apply height safety procedures & WHS requirements and ensure the work activity is compliant
- Inspect site to determine layout, condition of structures, prevailing weather conditions, & equipment requirements
- Identify, select and check safety equipment for serviceability
- Identify, manage and report potential risks and hazards

Identify work procedures and instructions

- Consult with authorised person to select tools & equipment
- Select, wear and care for personal protective equipment
- Inspect/install fall protection & perimeter protection
- Identify approved methods of moving tools and equipment & minimise potential hazards associated with tools at heights

Access and install equipment

- Consult with authorised personnel to ensure anchor fall protection and all required equipment is correctly installed
- Use recommended methods to access work area

Perform work at heights

- Check access from ground to work area & ensure safety
- Keep fall equipment in place and adjusted appropriately for movement during work
- Undertake manual handling of materials and equipment
- Locate materials and equipment ensuring that they are safely secured and distributed
- Check safety system periodically for compliance
- Monitor & reassess risk control measures in accordance with changed work practices and/or site conditions and undertake alterations

Clean up work area

- Consult with authorised personnel to ensure safety system is dismantled and removed
- Clear work area and dispose of or recycle materials
- Clean, check, maintain and store tools and equipment

ENTRY REQUIREMENTS

- Be at least 18 years of age (Photo Identification is required to be sited prior to course commencement.)
- USI Number
- Be fit and able to climb and crawl
- Not have a fear of heights or confined spaces
- Arrive in suitable clothing (long pants, closed-in shoes, long sleeve shirt)
- Language, literacy and numeracy skills required to interpret legislative requirements and to undertake written and practical assessment activities
- **There are no pre-requisites for this course**

COURSE DURATION

1 Day (8 hours)

COURSE DATE & DELIVERY LOCATION

Please inquire **1 300 001 201**
Or view list of upcoming public courses [online](#)

CLASS SIZE

Up to 12 participants per class

FFES AND CHARGES

\$315.00 (GST free) per student.
Please contact us for a group / corporate quote.

NATIONAL RECOGNITION & OBTAINED UNITS OF COMPETENCY

Students who are deemed competent upon successfully completing the training and assessment will receive a Statement of Attainment nationally recognised under the Australian Qualifications Framework for the following unit of competency:

- RIIWHS204E Work safely at heights

MODE OF DELIVERY

Delivery of this course will be face to face; classroom-based blended with some practical activities. There are no pre-reading requirements. All content is covered in class as part of the training.

ASSESSMENT SUMMARY

THEORY

Mixture of multiple choice and short answer questions. Student will be required to write down their own answers.

PRACTICAL

Each student will be required to participate in at least two practical scenarios which will assess their ability to safely work at heights, including:

- accessing, interpreting and applying technical and safety information for working at heights
- assessing hazards and risks associated with working at heights and implementing control methods
- selecting, wearing and caring for personal protective equipment
- identifying required safety systems including fall protection and associated equipment
- checking the correct fitting, adjusting and anchoring of fall protection and associated equipment
- performing work safely at heights.

DUTY OF CARE

ISH24 Pty Ltd adopts high standards in duty of care of its learners and assessors. ISH24 Pty Ltd reserves the right to turn anyone away that seems to be under the influence of drugs or alcohol. This action is to ensure that the learners' and assessors' safety is assured and that ISH24 Pty Ltd maintains an accident-free learning environment and complies with our duty of care responsibilities. At ISH24 Pty Ltd we provide a friendly and supported environment to learn and achieve.